



Maestría en Ingeniería en Diseño de Bioprocesos

Title

**Utilization of coffee waste from Puebla and Chiapas to
obtain antioxidants and antimicrobial**

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September-December 2014



UTILIZATION OF COFFEE WASTE FROM PUEBLA AND CHIAPAS TO OBTAIN ANTIOXIDANTS AND ANTIMICROBIAL

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1. Introduction

Chiapas and Puebla are the main producers of coffee cherries in México with 39.8% and 15.2% of annual production respectively (SIAP-SAGARPA, 2013). However, during the process of coffee some byproducts such as tons of pulp, mucilage and coffee shells are also generated and considered as waste. Most of them are thrown into landfills and not recycled for other purposes. The organic matter of this waste makes highly polluting because requires a high oxygen demand for its degradation (Beyene and col. 2012).

However coffee pulp is essentially rich in sugar, proteins, minerals, caffeine and polyphenols of industrial importance (for example: chlorogenic, caffeic and ferulic acids). Furthermore, the use of phenolic antioxidant compounds as food additives is one of the most efficient ways to reduce rancidity, minimize the production of toxic molecules oxidation and extend the shelf life. Proper extraction of these compounds would give a value to the waste generated during the process of coffee (Bonilla and col., 2014).

This work contributes to use of waste coffee, taking advantage of its potential antioxidant properties of extracts for applying in food or in other industrial sectors.

2. Aim

- Characterize coffee residues with proximal analysis.
- Improve conditions for extraction of antioxidants and antimicrobials from coffee wastes by factorial designs.
- Evaluate the antimicrobial and antioxidant capacity of the extracts.

3. Method

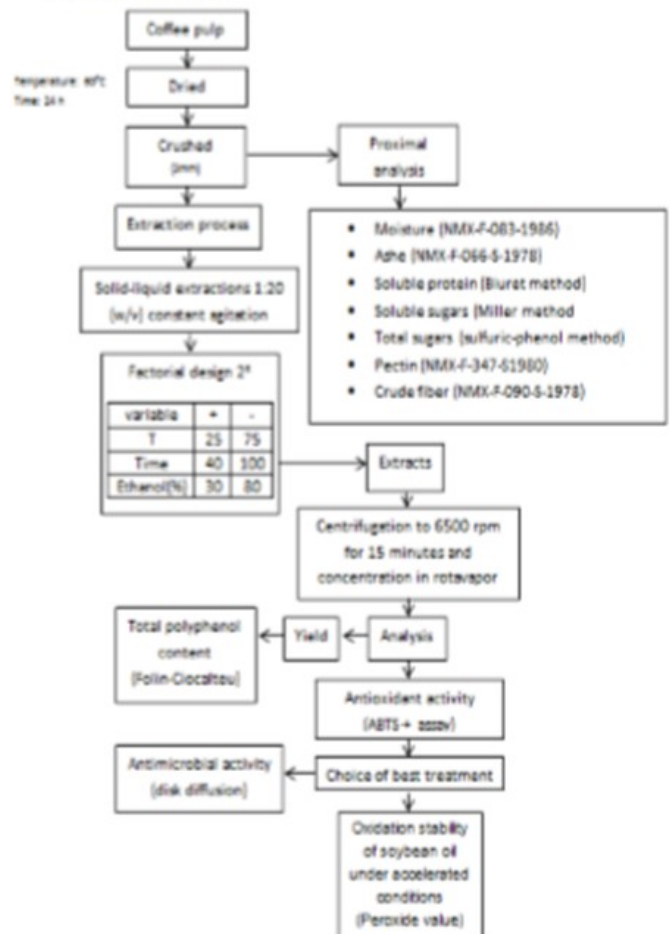


Fig. 1. Extraction procedure used to obtain the crude extracts containing phenolic compounds.

4. Results

Table 1 shows the average chemical composition with standard deviation of coffee residue from Zapotitlán, Puebla; Villaflores and Oxchuc, Chiapas. The results are expressed as percentage of dry weight.

Table 1. Characterization of coffee waste of different regions.

Characteristics	Zapotitlán, Puebla	Oxchuc, Chiapas*	Villaflores, Chiapas**
Moisture (%)	84.40±0.27	19.30±0.36	11.99±0.28
Ash(%)	1.21±0.05	1.69±0.24	1.59±0.19
Reducing sugars (%)	5.79±0.0	2.55±0.0	6.06±0.11
Total sugars (%)	9.27±0.48	3.38±0.48	8.28±0.46
Soluble proteins (%)	26.23±0.75	25.37±1.75	21.75±1.32
Pectin (%)	1.82±0.21	1.73±0.17	1.96±0.06
Crude fiber (%)	23.57±0.71	20.07±0.23	17.22±0.74

*Wet waste **Dry waste

Table 2 Main effects in factorial design 2³ about the extract yield, total polyphenolics content and antioxidant activity.

Sample of coffee waste	Response	Content	Extraction conditions	Significant factors
Villaflores, Chiapas	Extract (%)	31.3 ± 0.070	75°C, 30% EtOH, 100 min	EtOH t
	Total Polyphenol (GAE;mg/100g waste)	1519.13 ± 23.93	75°C, 30% EtOH, 100 min	T EtOH
	Antioxidant activity (VCEAC;mg/100g waste)	1577.18 ± 70.94	75°C, 30% EtOH, 100 min	T EtOH
Oxchuc, Chiapas	Extract (%)	23.3 ± 1.83	75°C, 30% EtOH, 40 min	T EtOH
	Total polyphenol GAE;mg/100g waste)	563.74 ± 179.17	75°C, 30% EtOH, 100 min	T EtOH
	Antioxidant activity (VCEAC;mg/100g waste)	20.46 ± 0.20	75°C, 30% EtOH, 100 min	T EtOH
Zapotitlán, Puebla	Extract (%)	26.30 ± 0.25	75°C, 30% EtOH, 40 min	T EtOH
	Total polyphenol GAE;mg/100g waste)	1908.42 ± 8.94	75°C, 30% EtOH, 100 min	T EtOH
	Antioxidant activity (VCEAC;mg/100g waste)	1904.27 ± 34.30	75°C, 30% EtOH, 100 min	T EtOH

T: temperature; EtOH: ethanol; VCEAC: Vitamin C equivalent antioxidant capacity ; GAE: Galic acid equivalent.

Table 2 presents the best responses (yield extract, TP and AA) in the factorial design 2³ and the main effects of extraction with a significance level of p < 0.05. According to statistical analysis, the temperature and the ethanol concentration are the most representative effects for obtaining high antioxidant activity in extracts.

Regarding the Peroxide inhibition, calculated with Ec. (1), the best treatments for each sample were 22.35±0.74%, 7.20±1.60% y 24.29 ±1.52% for Villaflores, Oxchuc and Zapotitlán coffee waste extracts.

$$\% \text{ peroxide inhibition} = \left(1 - \frac{PV \text{ sample}}{PV \text{ control}} \right) \times 100 \quad \text{Ec. (1)}$$

5. Conclusion

In this study was carried out an experimental design to look the effect of three variables (time, temperature and ethanol concentration) on antioxidant extraction from coffee pulp waste. In general, increased temperature and decreased ethanol concentration enhanced the antioxidant activity. The time is not a significant factor to improve the antioxidant activity. CW ethanolic extracts were able to stabilize soybean oil under accelerated oxidation conditions, minimizing PV.

Acknowledgements

To CONACYT, Consejo Nacional de Ciencia y Tecnología by Scholarship Master of BCE. Esther Martínez Molina Candelaria..

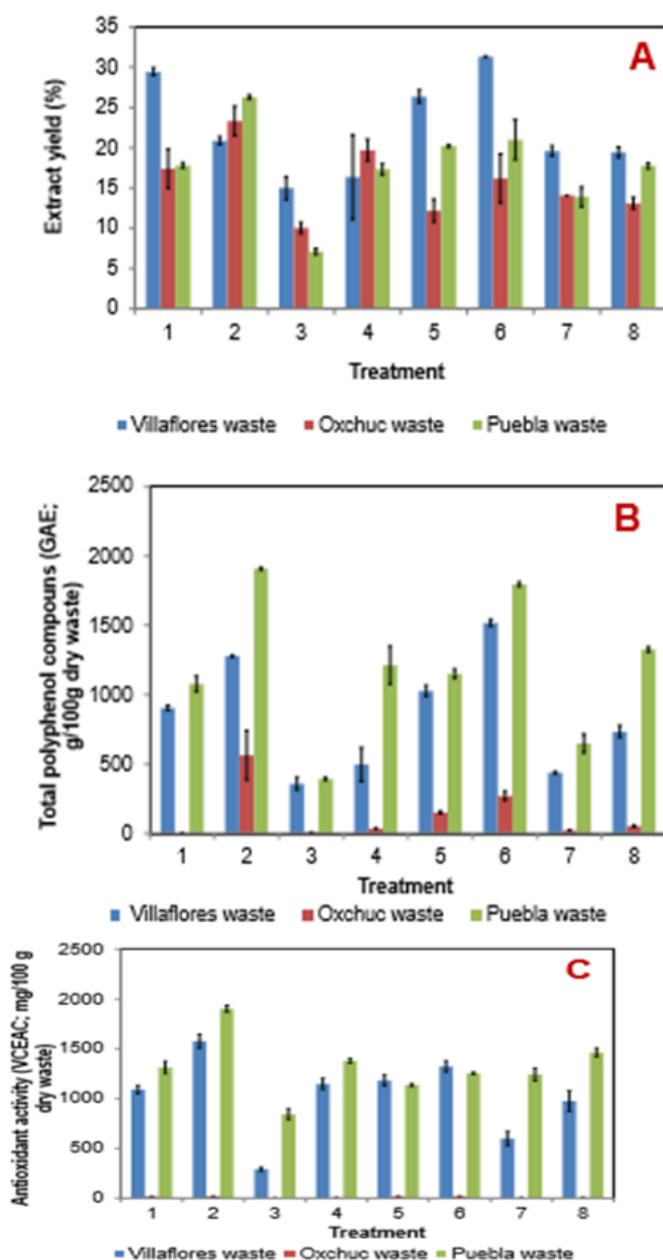


Figure 2. Results of treatments in factorial design: A) Extract yields, B) total polyphenol content and C) antioxidant activity.



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